#### Training recognition familiarity does not improve visual working memory performance

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Visual working memory

Visual working memory is the system responsible for "online" maintenance of visual information

The amount of visual information that can be maintained online is limited

### Visual working memory has a limited capacity

## The amount of visual information that can be maintained online is limited

- Limited to approximately 3-4 items' worth of information
- Linked to cognition:
  - Strongly correlated to measures of cognitive ability and scholastic achievement (Cowan et al., 2005, Fukuda, Vogel, Mayr and Awh, 2010)

# What influences visual working memory performance?

Do we store the same amount of objects no matter what the object is?

### The influence of stimulus complexity

#### Different models of visual working memory



#### **Experimental Method**



### **Stimulus complexity**

Our previous research found that stimulus complexity had no influence on VWM performance

Helvetica	a	b	d	e	g	h	j	k	l	m
	O	p	a	r	s	t	u	x	V	z
Courier	a O	b p	d q	e r	g s	h t	j u	k x	ј 1 У	m z
Bookman	A O	B P	D Q	E R	G S	H T	J U	K X	L Y	M Z
Künstler	A	R	D	E	G	H	J	K	L	M
	O	Ÿ	Q	R	S	T	U	X	Y	Ž

### **Stimulus complexity**

Our previous research found that stimulus complexity had no influence on VWM performance

Braille	••	••	••	•••	•••	•	••	•••	•••	•••
	•••	•••	:	•••	•	•	•••	••	••	••••
Hebrew	Х	コ	ג	7	ה ה	٦	T	Π	7	٦
	כ	ל	ם	מ	7	נ	ס	Y	ף	Ð
Arabic	١	ب	ث	<u>ج</u>	Ċ	ر	س	ص	ض	ط
	ظ	ع	ė	ف	اك	ل	م	ن	و	ي
Chinese	大	先	詂	再	見	或	會	請	説	問
	本	23	共	幾	兩	毛	那	少	文	字



#### An effect of familiarity but not complexity

There appears to be an overall effect of familiarity but not complexity

- Capacity and encoding rate
  higher for English letters
  than unfamiliar letters
- But stimuli are mismatched on complexity



#### The effect of familiarity: A novel approach

Isolating the effect of familiarity, controlling for stimulus complexity

#### **The Brussels Artificial Character Set**

- An artificial character set that matches the number of strokes, junctions and terminations of each English letter



#### Results



#### What creates this gap?

 Does being able to recognise the letters improve visual working memory performance?

#### **Training VWM**

## Previous findings around training and visual working memory has been mixed

Psychological Research DOI 10.1007/s00426-015-0648-y

ORIGINAL ARTICLE

#### Working memory training improves visual short-term memory capacity

Hillary Schwarb · Jayde Nail · Eric H. Schumacher

Memory & Cognition 2004, 32 (8), 1326-1332

#### Visual short-term memory is not improved by training

INGRID R. OLSON University of Pennsylvania, Philadelphia, Pennsylvania

and YUHONG JIANG Harvard University, Cambridge, Massachusetts

#### Training Improves the Capacity of Visual Working Memory When It Is Adaptive, Individualized, and Targeted

Eunsam Shin, Hunjae Lee, Sang-Ah Yoo, Sang Chul Chong 🔤

### **Training recognition familiarity**



#### **Testing recognition**



- Overall recognition accuracy for the 4AFC immediate recognition task was also high (M = .98, SD = .03)

#### Capacity



#### **Encoding Rate**



Experiment 2b - Encoding Rate

#### **Overall conclusions**

- Stimulus complexity: No effect on visual working memory
- Overlearned stimuli: Higher encoding rate and VWM capacity
- Learning to recognise a novel set of stimuli: No effect
- Improved ability to discriminate between letters?
- Faster encoding pathways for familiar stimuli?

#### Thank you for listening



Slides will be uploaded to

williamngiam. github.io



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